

## TEEN PREGNANCY PREVENTION INITIATIVE

The Teen Pregnancy Prevention Initiative (TPPI) programs are mandated by the Virginia Legislature. Currently, the Virginia Department of Health funds seven programs. All of the programs are community-based and have some common components; however, they are uniquely designed to serve the needs of their specified areas.

**Alexandria Health Department Teen Wellness Center:** The Alexandria Health Department's Teen Wellness Center at T.C. Williams High School continues to be available to all youths, ages 12-19 years old living in the City of Alexandria. Teens attending T.C. Williams High School get the benefit of convenient onsite access to the wellness center; however, enrollment in the Alexandria City Public School System is not necessary in order for any teen resident of Alexandria to access the center. The Alexandria Health Department has increased the number of teens attending the center by moving to this new site. The Health Educator conducts outreach to youths between the ages of 12-19, most of whom attend T.C. Williams High School including the Minnie Howard Campus; George Washington and Hammond Middle Schools. In addition, outreach is conducted to private schools within the city of Alexandria and to the overall community of teens who may no longer be attending school. The Health Educator enhances outreach activities by coordinating youth volunteers to aid in peer awareness. Teens also have the opportunity to join the center's Youth Advisory Group, facilitated by the Health Educator. The purpose of the Teen Wellness Youth Advisory Group is to provide education regarding wellness. The group also promotes leadership development, provides a forum for young people to offer input and empowers teens to live healthy lives all while, enhancing the services of The Teen Wellness Center. The Alexandria Health Department collaborates with the Alexandria City Public School system, the Alexandria Community Services Board, Alexandria Campaign on Adolescent Pregnancy (ACAP) and other non-profit organizations working with youths in Alexandria City in an effort to promote healthy behaviors and preventative health services to all area teens. For more information on AHD TWC, please contact:

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**Crater Teen Pregnancy Prevention Initiative (CTPPI):** The Crater Teen Pregnancy Prevention Initiative (CTPPI) in conjunction with the HealthSpace Teen Center offers both school and community-based programs promoting comprehensive sexual health education. Education topics include the human reproductive system, puberty and hygiene, abstinence, delayed pregnancy, sexually transmitted diseases, positive behavioral life skills, and parental involvement. CTPPI focuses on a diverse and expansive geographic area consisting of seven legal jurisdictions. Three of CTPPI's jurisdictions (Greeneville/Emporia, Petersburg, and Hopewell) have some of the highest rates of teen pregnancy in the state. In addition, this teen pregnancy prevention initiative provides an evidence-based curriculum facilitated by a Health Educator to each Petersburg Public school. The Petersburg Teen Pregnancy Coalition provides age appropriate comprehensive sexual health education including prevention methods to help reduce pregnancy and sexually transmitted diseases. Ongoing partnerships with community agencies strengthen the efforts of the Petersburg Coalition. For more information regarding CTPPI, contact:

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**Eastern Shore Teen Pregnancy Prevention Program (ESTPPP):** The ESTPPP is housed in the Eastern Shore Health District in Accomack, VA. The Nurse Practitioner, the Family Planning Public Health Nurse and other health department staff provide community outreach and education to meet family planning program goals for both teens and adults. In particular, one of ESTPPP's service goals is to continue to expand clinic services to men on the Eastern Shore. All teens in Accomack and Northampton counties are part of the outreach efforts with specific targeted outreach to clients not currently receiving family planning services. This includes a population who may not be enrolled in local community organizations, faith-based organizations and schools. For more information on ESTPPP, contact:

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**Norfolk Teen Pregnancy Prevention Program (NTPPP):** The Norfolk Health District's Teen Pregnancy Prevention Program has enhanced its outreach focus and provides clinic services to teens in their Family Planning Clinic. Teens, women of childbearing age, and men are the audience for outreach. A nurse practitioner is available to promote teen pregnancy prevention methods. For more information on NTPPP, contact:

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**Portsmouth Teen Pregnancy Prevention Program (PTPPP):** The Portsmouth Health District TPPP provides clinic services for teen patients during "after school" hours once a month. In addition the PHD provides a health educator and the community group, Girl's Inc., to facilitate teen Pregnancy and prevention programs through the community. These programs include and are not limited to faith-based, social groups, foster care agencies, and public and private schools. Their targeted teen population includes ages 11-18. Middle school health classes in the Portsmouth County school system also are included in this outreach. For more information on PTPPP, contact:

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**Richmond City Health District (RCHD):** The Richmond City Health District (RCHD) site now has individual resource centers in two Richmond Redevelopment Housing Authority locations; Whitcomb and Fairfield Courts. Both are located in the East End area of Richmond, which is a key target area in the city's strategic plan to reduce teen pregnancies. Residents can receive both education and clinical services at these centers. In addition, Armstrong High School, which is within walking distance of these two housing development locations, has implemented a teen pregnancy and prevention program. Moreover, Richmond City offers a health center at George Wythe High School in Richmond's Southside neighborhood, another RCHD target area. A teen pregnancy and prevention program is implemented in the school's health classes with a target population of adolescent males and females between the ages of 14-18 years old.

The Jenkins Foundation of Richmond awarded a grant to the Richmond Campaign to Prevent Teen Pregnancy to help implement the Community of Caring Project. Under the leadership of the Richmond Campaign to Prevent Teen Pregnancy, and in full cooperation of the Richmond City Health District, Richmond Public Schools, Richmond Behavioral Health Authority and Communities in Schools, the Community of Caring Project will be implemented in the city's public schools. Community of Caring is an evidence-based character development initiative designed to impart to students a high degree of understanding of five fundamental values -- trust, respect, caring, responsibility and family. These values can then become real aspects of the school and community environments. For more information on RCHD's teen pregnancy prevention efforts please contact:

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**Roanoke Teen Pregnancy Prevention (ROATPPP):** Roanoke's teen pregnancy prevention project operates two primary programs: the Teen Outreach Program (TOP), and the Roanoke Adolescent Health Partnership (RAHP). Both follow a multi-faceted model in approaching ways to change teen behavior. Each program provides education to help modify teen perspectives and behaviors through experiential techniques, such as role-playing and decision-making.

TOP is a curriculum based programs taught in schools, after-school programs, and churches. TOP is a nationally recognized model for providing a youth development approach to preventing teen pregnancy.

RAHP operates three teen health centers, two school-based and one school-linked. These teen health centers provide access to health care and education with the goal of reducing risky behavior among Roanoke City teens. ROATPPP is a highly visible program in the Roanoke area and makes a strong impact on youths transitioning from adolescence to adulthood. For more information on ROATPPP, contact:

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