

**Health Promotion
for People with
Disabilities Project**



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Town Hall Discussion Questions

Goal 1: Interacting with Existing Initiatives

Existing public and private health promotion and disease prevention programs will incorporate or expand their strategies for delivering services to people with disabilities.

1. Are you aware of any health promotion and chronic disease prevention programs are currently available in your area? Are they accessible to you? How could they be made more accessible?

Comments:

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2. Can you give any examples of good of good practices or success stories for existing programs or services that are accessible to people with disabilities in your area?

Comments:

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3. Where do you or would you turn for information on existing programs or services for health promotion and chronic disease prevention programs?

Comments:

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Goal 2: Access to Health Care

Establish and maintain a system or body that facilitates the utilization of the health care system by people with disabilities.

1. What health care services do you need that are not currently in your community (dental, mental health, physical therapy, medical, homecare, respite care, school-based services for children, etc)?

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2. What kind of barriers keep you from accessing needed health care services in your community?

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3. What are your experiences or concerns about your medical care (doctors, transportation, travel time, office physically accessible, communication, etc.)?

Comments:

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Goal 3: Nutrition and Physical Activity

People with disabilities will have more opportunities to engage in physical activity and improve nutrition.

1. What do you see as the barriers to participation in physical activity and healthier eating?

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2. What are the best methods for you to access information about available nutrition and physical activity programs?

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3. What would allow you to be physically active more often?

Comments:

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Goal 4: Health Promotion and Outreach

Public and private community organizations that participate in health promotion and outreach activities are aware of the importance of inclusion of people with disabilities in programs and initiatives.

1. What kind of experiences have you had in getting information about health promotion and outreach from service providers/organizations about resources? Have your experiences been positive or negative, or have barriers stopped you from accessing any kind of resources?

Comments:

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2. What kind of outreach (how you get information) method would be the best way to inform you of services and resources (television, radio, internet, etc.)?

Comments:

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Goal 5: Data and Surveillance

Develop a coordinated data system whereby providers, consumers, and advocates can gain timely access to information about the health status and related needs of individuals living with disabilities.

1. What kinds of data would you like to have related to health promotion for people with disabilities in your community?

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