

Chronic Disease Indicators by Health District in Virginia: Risk Factors - State Comparison



CHRONIC DISEASE RISK FACTOR	Have Arthritis (%)	Current Asthma (%)	Have Diabetes (%)	No physical activity (%)	Obese (%)	Have high blood pressure (%)	Have high blood cholesterol (%)	Sunburn in past year (%)	Current Smoker (%)	Binge Drink (%)	Frequent Distress (%)	Have Disability (%)	No Recent Mammogram (%)	No Recent Pap Test (%)	No Recent Colon Cancer Screen (%)
Alexandria	L		L	L	L	L	L			H	L	L			
Alleghany	H		L	L	L	H	H					H		H	
Arlington	L		L	L	L	L				H					
Central Shenandoah								H							
Central Virginia															H
Chesapeake															
Chesterfield											H				
Chickahominy		L						H							
Crater	H		H	H	H	H	H	L	H			H			
Cumberland Plateau	H		H	H	H	H	H	L	H	L	H	H	H	H	H
Eastern Shore	H		H	H	H	H		L		L		H			
Fairfax				L	L				L		L				
Hampton					H										
Henrico			L												
Lenowisco	H	H	H	H	H	H			H	L	H	H			H
Lord Fairfax			H				H						H		
Loudoun	L		L	L		L	L	H	L		L	L			L
Mount Rogers	H		H	H		H		H	H	L				H	
New River								H				H			H
Norfolk								L							
Peninsula															
Piedmont			H	H	H										
Pittsylvania-Danville			H	H	H	H	H		H						H
Portsmouth		L						L							
Prince William	L	L										L			
Rappahannock								H							
Rappahannock/Rapidan															
Richmond City								L			H				
Roanoke City									H			H			H
Southside			H	H	H	H		L	H			H			
Thomas Jefferson	L												L		
Three Rivers	H														
Virginia Beach										H					L
West Piedmont				H					H						
Western Tidewater		L												L	

L=Significantly lower than state rate; H=Significantly higher than state rate.