

Retinopathy Prevalence among Persons with Diabetes

According to the Centers for Disease Control and Prevention (CDC), diabetes is the leading cause of blindness among adults of working age.

There are currently no data sources available in Virginia measuring the prevalence of retinopathy (i.e., changes in the blood vessels in the retinas of the eyes) in persons with diabetes with a sample size large enough to calculate a state-level rate.

Healthy People 2010 Objective:

(28-5) Reduce visual impairment due to diabetic retinopathy; rate not specified.

American Diabetes Association Recommendation:

A dilated retinal exam should be performed once a year.

Source: CDC Diabetes Indicators and Data Source Internet Tool, 2007.