

## **LDL Cholesterol Level among Persons with Diabetes**

Persons with diabetes are at increased risk of complications from cardiovascular disease, such as stroke, angina, and congestive heart failure. Early detection of elevated lipid levels and appropriate treatment can decrease risk for cardiovascular complications.

There are currently no data sources available in Virginia for measuring LDL (“bad”) cholesterol levels in persons with diabetes with a sample size large enough to calculate a state-level rate.

### **American Diabetes Association Recommendation:**

LDL cholesterol levels in persons with diabetes should be <100.

Source: CDC Diabetes Indicators and Data Source Internet Tool, 2007