

## **Influenza Vaccine**

Persons with diabetes are considered high-risk for having major complications if they contract the influenza (flu) virus and are six times more likely to be hospitalized with flu complications. Persons with diabetes who are 65 years-old or older, are at risk for dying from the influenza virus. Thus, all persons with diabetes are encouraged to receive annual influenza vaccines.

In Virginia, in 2006, 49 percent of all adults with diabetes received an annual flu vaccine.

<b>Baseline 1997</b>	<b>1999</b>	<b>2001</b>	<b>2002</b>	<b>2003</b>	<b>2004</b>	<b>2005</b>	<b>2006</b>
41.2%	53.5%	52.2%	51.1%	49.5%	48.7%	48.3%	49.0%

### Healthy People 2010 Objective:

(14-29) Increase the proportion of adults with diabetes who are vaccinated annually against influenza to 60 percent.

### American Diabetes Association Recommendation:

Recommended every year.

Source: VA BRFSS, 1997-2006

Data Note: Percents are weighted towards annual population estimates and age-adjusted. Data for this measure were collected every other year until 2001.