

Hemoglobin A1c Level

According to the Centers for Disease Control and Prevention (CDC), glycemic control is essential for preventing diabetes-related complications. Hemoglobin A1c exams provide information on blood sugar levels over the prior two to three months. This indicator provides information about the quality of diabetes care provided and/or the quality of diabetes self-management.

There are currently no data sources available in Virginia for measuring A1c levels in persons with diabetes with a sample size large enough to calculate a state-level rate.

American Diabetes Association Recommendation:

Hemoglobin A1c levels in persons with diabetes should be less than 7.0 percent.

Source: CDC Diabetes Indicators and Data Source Internet Tool, 2007