

Eye Exam

Diabetes is the leading cause of blindness among working age adults. An annual eye exam allows for early detection and prompt treatment of diabetic retinopathy.

In Virginia, in 2006, 67 percent of adults with diabetes received an annual eye exam.

Baseline 1999	2000	2001	2002	2003	2004	2005	2006
64.4%	64.2%	62.2%	63.3%	63%	64.7%	65.5%	67.0%

Healthy People 2010 Objective:

(5-13) Increase the proportion of adults with diabetes who have at least an annual eye examination to 76 percent.

American Diabetes Association Recommendation:

A dilated eye exam should be conducted yearly.

Sources: CDC Diabetes Indicators and Data Source Internet Tool, 2007; VA BRFSS, 1999-2006

Data Note: Percents are weighted towards annual population estimates and age-adjusted. All years prior to 2003 contain aggregated data over a three-year period due to insufficient sample size.