

Adults Who Smoke in Virginia by Population, 2008

POPULATION	RATE	95% CI
Number of adults (thousands)	973.8	874.2 - 1,073.4
% of Adult population	16.4	14.9 - 18.1
% of Men	17.1	14.7 - 19.8
% of Women	15.8	13.8 - 18.1
% of non-Hispanic Whites (2004-2008)	18.8	18.0 - 19.6
% of non-Hispanic Blacks (2004-2008)	20.8	18.8 - 23.0
% of non-Hispanic Asians/Pacific Islanders (2004-2008)	11.2	7.3 - 17.0
% of non-Hispanic American Indians (2004-2008)	35.9	27.3 - 45.6
% of Hispanics, any race (2004-2008)	16.6	13.1 - 20.7
% of adults 18-24 years	19.4	12.6 - 28.5
% of adults 25-44 years	17.5	14.8 - 20.5
% of adults 45-64 years	17.5	15.4 - 19.8
% of adults 65 years and older	9.3	7.2 - 11.9
% of adults earning less than \$35,000	27.2	23.3 - 31.4
% of adults earning \$35,000 - \$74,999	18.9	15.6 - 22.6
% of adults earning \$75,000 or more	9.5	7.5 - 11.9
% of adults with no high school degree (25 years and older)	29.7	23.8 - 36.4
% of adults with a high school degree or GED (25 years and older)	23.0	19.9 - 26.4
% of adults with some college/college degree (25 years and older)	12.1	10.5 - 13.9
% of employed adults (incl. self-employed)	15.9	13.9 - 18.1
% of unemployed adults	39.9#	29.8 - 51.0
% of adults out of workforce (e.g., retiree, homemaker, student)	13.1	10.4 - 16.3
% of adults who are unable to work	27.7	21.9 - 34.4
% of young adult college students (2004-2008)	20.2	14.4 - 27.7
% of employed young adults (2004-2008)	22.5	18.6 - 27.0
% of adults with no health insurance coverage (18-64 years)	40.2	32.5 - 48.4
% of adults with a disability	22.2	19.0 - 25.7
% of adults with frequent mental distress ¹	35.9	29.9 - 42.2
% of adults with depression ²	31.2	26.6 - 36.3
% of adults with anxiety ²	34.1	28.1 - 40.6
% of adults who binge drink (25 years and older) ³	28.1	21.7 - 35.4
% of adults who are obese	15.3	12.7 - 18.4
% of adults who do not participate in physical activity	23.9	20.3 - 27.9
% of adults with diabetes ⁴	18.6	15.0 - 22.9
% of adults with high blood pressure (2007) ⁵	17.4	15.0 - 20.0
% of adults with cardiovascular disease ⁶	22.9	16.8 - 30.4
% of adults with asthma	23.8	17.1 - 32.0

Source: Virginia Behavioral Risk Factor Surveillance System, 2008 (unless noted otherwise). # Use caution when interpreting a rate with the standard error > 5 and confidence interval half-width > 10.

¹ "Frequent distress" is defined as having 14 or more days (in past month) when mental health is not good.

² Analysis of 2006 data only. Respondents were asked if they were ever diagnosed with depression (anxiety).

³ Binge drinking is defined for men as having 5 or more drinks on one occasion (4 or more drinks for women).

⁴ Diabetes during 'pregnancy only' and 'pre-diabetes' (or borderline diabetes) are excluded.

⁵ Excludes high blood pressure occurring during pregnancy only.

⁶ Includes having a history of coronary heart disease (angina), heart attack or stroke.

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