

Adults Who Smoke in Virginia by Population: 2003 vs. 2008

POPULATION	2003	95% CI	2008	95% CI	Status
Number of adults (millions)	1.19	1.11 - 1.28	0.97	0.87 - 1.07	NA
% of Adult population	21.9	20.5 - 23.4	16.4	14.9 - 18.1	▼
% of Men	26.3	23.9 - 29.8	17.1	14.7 - 19.8	▼
% of Women	17.9	16.3 - 19.6	15.8	13.8 - 18.1	~
% of non-Hispanic Whites ¹	22.2	21.3 - 23.2	18.8	18.0 - 19.6	▼
% of non-Hispanic Blacks ¹	21.4	19.4 - 23.5	20.8	18.8 - 23.0	~
% of non-Hispanic Asians/Pacific Islanders ¹	20.3	13.7 - 28.9	11.2	7.3 - 17.0	~
% of non-Hispanic American Indians ¹	33.2#	21.3 - 47.7	35.9	27.3 - 45.6	~
% of Hispanics, any race ¹	22.8	18.1 - 28.2	16.6	13.1 - 20.7	~
% of adults 18-24 years	25.5	20.5 - 31.3	19.4	12.6 - 28.5	~
% of adults 25-44 years	25.1	22.6 - 27.7	17.5	14.8 - 20.5	▼
% of adults 45-64 years	22.9	20.6 - 25.4	17.5	15.4 - 19.8	▼
% of adults 65 years and older	9.5	7.6 - 11.8	9.3	7.2 - 11.9	~
% of adults earning less than \$35,000	30.0	27.3 - 32.8	27.2	23.3 - 31.4	~
% of adults earning \$35,000-\$74,999	24.5	21.9 - 27.3	18.9	15.6 - 22.6	▼
% of adults earning \$75,000 and greater	11.4	9.0 - 14.2	9.5	7.5 - 11.9	~
% of adults with no high school degree (25+ years)	38.2	33.1 - 43.5	29.7	23.8 - 36.4	~
% of adults with high school degree (25+ years)	29.4	26.4 - 32.7	23.0	19.9 - 26.4	▼
% of adults with some college/college degree (25+ years)	14.9	13.3 - 16.7	12.1	10.5 - 13.9	~
% of employed adults (incl. self-employed)	23.0	21.1 - 25.0	15.9	13.9 - 18.1	▼
% of unemployed adults	37.6#	27.0 - 49.5	39.9#	29.8 - 51.0	~
% of adults out of workforce (e.g., retiree, homemaker, student)	11.5	9.6 - 13.7	13.1	10.4 - 16.3	~
% of adults who are unable to work	44.1	37.1 - 51.3	27.7	21.9 - 34.4	▼
% of young adult college students ¹	13.9	9.6 - 19.8	20.2	14.4 - 27.7	~
% of employed young adults ¹	29.0	24.9 - 33.6	22.5	18.6 - 27.0	~
% of adults with no health insurance coverage (18-64 years)	42.7	37.4 - 48.2	40.2	32.5 - 48.4	~
% of adults with a disability	26.2	22.7 - 30.1	22.2	19.0 - 25.7	~
% of adults with frequent mental distress ²	38.2	32.7 - 44.1	35.9	29.9 - 42.2	~
% of adults who binge drink (25 years and older) ³	41.7	36.1 - 47.5	28.1	21.7 - 35.4	▼
% of adults who are obese	19.8	17.2 - 22.9	15.3	12.7 - 18.4	~
% of adults who do not participate in physical activity	30.2	27.1 - 33.5	23.9	20.3 - 27.9	▼
% of adults with diabetes ⁴	24.6	19.6 - 30.4	18.6	15.0 - 22.9	~

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POPULATION	2003	95% CI	2008	95% CI	Status
% of adults with high blood pressure ⁵	22.5	20.8 - 24.3	17.4	15.0 - 20.0	▼
% of adults with cardiovascular disease ⁶	22.0	17.9 - 26.8	22.9	16.8 - 30.4	~
% of adults with asthma	24.6	19.6 - 30.4	23.8	17.1 - 32.0	~

Source: Virginia Behavioral Risk Factor Surveillance System, 2002, 2008. Percentages are weighted. Status refers to any statistically significant ($p < .05$) change (▼ == decline; ▲ = increase; ~ = no significant difference). # Use caution when interpreting a rate with a standard error > 5 and confidence interval half-width > 10.

¹ Rates for 2003 based on 1999-2003 data combined; rates for 2008 based on 2004-2008 data combined.

² "Frequent distress" is defined as having 14 or more days (in past month) when mental health is not good.

³ Binge drinking is defined for men as having 5 or more drinks on one occasion (4 or more drinks for women).

⁴ Diabetes during 'pregnancy only' and 'pre-diabetes' (or borderline diabetes) are excluded.

⁵ High blood pressure during 'pregnancy only' is excluded.

⁶ Includes having a history of coronary heart disease (angina), heart attack or stroke.